

Ειρήνη Ν. Νικολαΐδου - Iriini Nikolaidou, PD, PCC, CMC

Moving Minds Mng Partner | Professional Certified Executive & Team Coach by I.C.F. | Certified mBIT Coach | Certified Mentor Coach & Supervisor | H.R.M. Change Strategist | Corporate Facilitator |

Summary

Professional Certified Coach (P.C.C.) and Certified Mentor Coach (C.M.C.) from the International Coaching Federation (I.C.F.) focusing on Executive and Team Coaching.

As a Coach, Mentor and Supervisor, she has a high degree of specialization in Organizational Behaviour, Self-Awareness, Mindset, Leadership Development, Performance Management, Change Management, E.Q., and Corporate Strategy for Personal Professional Evolution.

Education

Transcend International Academy 2021
Team Coaching Supervision Diploma

Erickson International Academy 2019
Advanced High-Performance Team Coaching Certification

Erickson International Academy 2019
Four Quadrant Quantum Coaching Certification

International e-learning Academy 2012
Diploma in Business Coaching - Accredited by Association for Coaching (A.C.)

National & Kapodistrian University of Athens 2012
Diploma in "Organizing and Personal Counselling"

London Metropolitan University 2010
Postgraduate Diploma in International Human Resource Management

Business College of Athens - B.C.A. 1983
Higher Education Diploma in Marketing & Communication

Coaching Experience

- Skills and Performance Coaching
- Developmental Coaching
- Transformational Coaching
- Executive and Leadership Coaching
- The 'Manager as Coach'
- Team Coaching
- Peer Coaching
- Life Coaching
- Career Coaching
- Cross-Cultural Coaching
- Mentoring for Coaches

Contact info

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Training

- Team Coaching Training Program by Global Team Coaching Institute (in progress, 2022)
- POINTS OF YOU® Academy Practitioner L.2 (2022)
- A.C. Signature Coaching Supervision Program (2020-2021) with Michelle Lucas & 11 other authors
- Mentor Coaching Program for I.C.F. Mentors by Svea van der Hoorn - MCC accredited I.C.F. Coach (2020)
- Coaching Supervision Program "Relational Depth in Coaching and Supervision" with Alison Hodge - Association for Coaching (A.C.) (2019-2020)
- Coaching Supervision "What's the point of supervision in coaching practice?" with Eve Turner, EMCC Accredited Supervisor - Association for Coaching (A.C.) (2019)
- POINTS OF YOU® Creative Tools for Training & Development (2019)
- A.C. Coaching Supervision Program with Sue Congram, Julie Allan, Peter Hawkins Association for Coaching (A.C.) (2018)
- International Coach Federation (I.C.F.) Converge Continuing Coach Education (2017)
- MBraining - Multiple Brain Integration Techniques (mBIT) Certified mBIT Coach (2016)
- Association for Coaching Coaching with Mastery (2015)
- Association of Coaching Supervisors (AoCS) Across Boundaries (2015)
- BCA College (BCA) - Psychology A-B-C (2013)
- S.O.L. World Certificate of Applying Solution Focused Coaching in organisational and Business Settings (2012)
- Crestcom International - Barcelona, Spain (2011) Train the Trainer Program - Authorized Trainer in Management and Leadership

International Coaching Partnerships

- **CoachHub** - Digital Coaching Platform (German)
- **Axialent Inc.**- Conscious Business (U.S.A.)
- **Pluma Inc.** - Skillsoft Academy (U.S.A.)
- **ProMove TM** - Coaching Services (Switzerland)
- **Bettercoach** - Coaching Services (German)

Professional Experience

2015 - **MOVING MINDS COACHING PRIVATE COMPANY, Athens** Personal, Executive and Team Coaching Services, Mentoring, Supervision, Training, and Grounding

1998 - 2014 **FREELANCE HRM ADVISOR, COACH, AND MENTOR, Athens**, Consulting Services Advisory in Organizing, Communication & Development of Human Resources and Administration of relevant projects.

2010 - 2011 **PLATIS S.A. Athens**
Director of Human Resources & Communication

2009 - 2010 **KAWACOM Hellas S.A. Athens**
Administration Consultant

2006 - 2008 **PLATIS S.A. Athens**
Director of Human Resources & Communication

2004 **MEGA CHANNEL - TELETYPOS S.A. Athens** Head of Promotion and Communication Department

1992 - 2003 **ATHENS CONCERT HALL ORGANISATION- MEGARON**, Personnel Manager

Professional Organizations

International Coaching Federation Greece

- Founding Member
- EVENT Commissioner 2013-2017
- Vice President 2017
- Chapter President 2018
- Past President & President Mentor 2019
- Commissioner of Code of Ethics and Professional Standards 2018-2022

S.O.L. World Organization

- Steer Committee Member

Member of:

- European Mentoring and Coaching Council (EMCC)
- Hellenic Coaching Association (H.C.A.)
- Association of Coaching (A.C.)
- Institute of Coaching (IoC)
- Greek People Management Association (GPMA)

Coaching Toolbox

- Cognitive-Developmental Approach
- Solution Focused Approach
- mBIT (Multibrain Integration Techniques)
- Points of You Practitioner
- Four Quantum Quadrant Practitioner
- Imagery Techniques
- Polarities Approach
- Zoom-in, Zoom-out Techniques

Languages

Greek ●●●●● English ●●●●●

Conference Presentations

- **"What about Trust?"** CoachHub's First Coaching Conference, 1-2 December 2020.
- **"Internal Leadership"** Hybrid Conference Coach Now, 29 September 2020.
- **"Coach Now: Myths & Truths"** 21 September 2019. Discussion panel coordination "How did coaching education change my Life-Benefits & Perspectives" of the graduates from the I.C.F. accredited program "CSTP Skills & Tools in Practice" B&M Theocharakis Foundation, Athens.
- **"The High-Performance Equation."** 4th I.C.F. Greece Coachathon, 9 November 2019. Athens Concert Hall – Megaron, Athens.
- **"Inspiration - Creativity - Development"** 14th Conference "Aluminium & Architectural Constructions", 1-3 November 2019, Zappeion Megaron, Athens.
- Irimi Nikolaidou and Andreas Fuhrmann, 2018. **"How to Fire Up Trust in Organisations"**, S.O.L. World C.E.E. Conference "Doing more with less effort", 31/10 – 04/11/2018, Timisoara, Romania.
- **"The Leader as Coach"** Conference of the Hellenic Society of Medical Oncologist - EOPE, 3 October 2018, Ionic Centre Plaka, Athens.
- **"Coaching as an international language of learning and change"**. 10th International Scientific Conference "Educational Leadership, Effective Administration and Moral Values", 24-26/11/17, Macedonian University, Thessaloniki.
- **"LEADERS Say YES to Coaching Skills"**, 2nd Conference & Greek Speech Competition" Toastmasters International, 28 May 2016, Athens.

Seminars & Webinars

- **"Group Coaching Injection - Upgrade Your Mindset"**, online seminar organised by Proseminars, 9 December 2022
- **"Work-Life Balance Vs. Life-Work Revolution"**, 7th Panhellenic Forum Women for Oncology (W4O Hellas), 2 December 2021
- **"Not Yet" Coaching Mindset Masterclass** organised by Proseminars, 8 - 9 October 2021
- **"Developing Coaching Skills"** Hellenic Society of Medical Oncology, 18 March 2021
- **"Coaching & Empowering Leadership – Optimal Practices for the Present and the Future"** Energy Line & Neokem S.A., 10 June 2020
- **"Team Performance in times of Crisis"** Energy Line - Moving Minds, 9-10 April 2020.
- **"Self: Do I Demand Too Much?" Coaching Mindset Masterclass** by Proseminars, 27-28 September 2019.
- **"Leadership Skills Development"** Group Coaching, Hellenic Society of Medical Oncology, Plaka, Athens, 4 October 2018.
- **"Practice Self-Esteem, Self-Confidence and Self-Fulfilment,"** Self-Knowledge and Personal Empowerment Group Coaching, Business College of Athens (B.C.A.) 1 April 2015.
- **"Coaching for High Performances"**, Self-Knowledge and Personal Empowerment Group Coaching, Business College of Athens (B.C.A.) 18 March 2015
- **"Negotiations with Ourselves"** Self-Knowledge and Personal Empowerment Group Coaching, Business College of Athens (B.C.A.) 4 March 2015.
- **"Job Searching & Change Management" Coaching Workshop.** A 4-hour Coaching workshop for job-seeking young graduates and unemployed in times of economic crisis. Workshops were organized every fortnight by the Greek People Management Association (GPMA) and Kariera, 2011–2015.
 - ✓ Empowerment and Solution-focused thinking.
 - ✓ Business market trends and job search techniques.
 - ✓ Stress and emotions management during job seeking.
 - ✓ Facing challenges and changes in work reality.

Discussion Panel Coordination

- **COACH NOW 2021, "Coaching & Freedom"**, CSTP 4 & CSTP 1- E-learning graduates panel discussion, 2 October 2021
- **HR Community Conference & Awards,** 2018 & 2019

Volunteering Projects

- I.C.F. Greece Chapter: **Group Coaching Supervision**
- Greek People Management Association (GPMA): **Group Coaching and Mentoring in Programs and Actions for unemployed, graduates and young professionals.**
- iforU Network: **Mentoring for the support of businesswomen.**
- Athens University of Business and Economics: **Job Pairs Mentoring**
- Job Festivals and **Job Days** (Skywalker)
- Kariera.gr Organization **Job Seeking and Career Transformation** (CareerBuilder).

Awards & Distinctions

- **CoachHub® Ambassador** (18/11/2020)
- **I.C.F. Greece Chapter Honorary Distinction** for the continuous, consistent, prosperous fellowship behaviour and contribution to the actions of the Federation (2015)